

# AMBER TRUST

Supporting mental wellbeing

Amber Trust is a social care charity that aims to promote mental wellbeing by providing professional support services to adults with mental ill health, enabling them to live successfully in their local communities.

We have provided our services for over 30 years in Derbyshire and are working in partnership with Derbyshire County PCT to deliver the Derbyshire Health Trainers programme.

## Trainee Health Trainers x 2 Part-time, 22½ hours

Post 1 based in the Amber Valley area • Post 2 based in the High Peak area

**£12,564.05 pro rata + generous contributory pension scheme**  
Rising to **£14,421 pro rata** upon successful completion of a Level 3 Certificate for Health Trainers qualification (approximately 9-12months)

We are looking for confident and capable people to join our organisation to help people who use mental health services identify how they might improve their health and wellbeing. Supporting people to make better informed health choices, you will encourage and motivate them to find and use the services they need by signposting and offering one-to-one practical support.

To be successful, you will have:

- Experience of using mental health services or an understanding of the issues surrounding mental wellbeing and physical health.
- Basic numeracy, literacy and IT skills.
- A strong desire to make a positive difference to someone's life.
- A real commitment to person centered recovery focused support.
- Good written and verbal communication skills.
- The ability to promote independence and opportunities for the people we support.
- A flexible approach to work.
- Use of your own transport.

Equally, you will possess the ability to relate well to people, understand the difficulties people with mental ill health may face and be able to support them in finding positive ways forward.

Previous applicants need not apply.

To download an application pack, please visit [www.ambertrust.co.uk](http://www.ambertrust.co.uk)  
Alternatively, contact us on 01773 599599, email [debsm@ambertrust.co.uk](mailto:debsm@ambertrust.co.uk)  
or write to Deborah Maddocks, Suite 4A, East Mill, Bridge Foot, Belper DE56 2UA.

Closing date: 9.30am on Friday, 29th January 2010.

Interview date (Post 1): Tuesday, 9th February 2010 held in Belper.

Interview date (Post 2): Thursday, 11th February 2010 held in Buxton.

*All posts are subject to an enhanced Criminal Records Bureau check. No CVs, no agencies, no canvassers.  
Registered charity no. 1070210.*



INVESTOR IN PEOPLE



Derbyshire Health Trainers