

A message from one of our research participants – Mr Stephen Fry

If you took time to participate in this study, you've no idea how much good you will be doing. It would be a wonderful, a kind, a graceful and a noble thing to do. So much good for so little effort. How you will glow. By choosing to assist one of the greatest problems facing human happiness you will have done your bit to help remove stigma, shame and hidden pain as well as hastening the day when we all understand the operations of mind and brain a little better. Thank you so very much on behalf of the untold millions you are helping.



Professor Nick Craddock and Mr Stephen Fry



Mood Disorders Research Team

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*Please visit our website: **bdrn.org***



Bipolar Disorder
BDRN
Research Network

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Please help us with our **Research into** **Bipolar Disorder**

University of Birmingham
and Cardiff University

This leaflet provides
information for all those
interested in our major study
aimed at investigating the
underlying causes of bipolar
disorder and related mood
disorders

The study is funded by two of the
world's leading research charities,
the Wellcome Trust and the
Stanley Foundation

About our Research...

Bipolar disorder is thought to affect 1 in every 100 adults at some time during their life and men and women appear to be affected equally. It is now well established that bipolar disorder runs in families and that genes play a role in influencing an individual's susceptibility to the illness.

The Mood Disorders Research Team, led by Professor Nick Craddock, is a group of researchers based jointly at Cardiff University and the University of Birmingham. Our study aims to look at how genes and other factors (such as stressful life events) interact and make some people more likely than others to experience bipolar disorder.

It is hoped that our research will improve diagnosis and help researchers develop better treatments in the future.

We would be extremely grateful to hear from anyone who may be interested to help with our research.

Bipolar Disorder Research Network (BDRN)

Our Mood Disorders Research Team has recently launched the Bipolar Disorder Research Network. This is a group of researchers, research participants and clinicians in the UK involved in our research.

■ If you are interested in participating in our research into bipolar disorder the following sections have further details about what taking part involves and how to contact us.

■ If you are a clinician/researcher interested in being involved in the network, please contact us, our details are on the back of this leaflet.

What does taking part involve?

■ We usually visit individuals in their homes and spend around one hour asking you about your experiences and the kinds of symptoms you have had in the past.

■ Filling in some questionnaires.

■ Giving a small blood sample.

Any information you give us is in strict confidence.

If you would like to take part, or would like further information on taking part, you can either

- Contact us, our contact details are on the back of this leaflet.

or

- Fill in the form below and return it to us in a sealed envelope to one of the FREEPOST addresses on the back of this leaflet.

Name: _____

Address: _____

Tel: _____

E-mail: _____

Best days & time to call you:

We will get in touch very soon to talk to you about the research and answer any questions you may have.

